

Power of Leadership

The program

The workshop program is highly interactive and explores a range of practical aspects of your leadership style with the aim of helping you to be a more effective leader.

In particular, the following elements will be included:

- The drivers of our behaviour
- Our thinking and effectiveness
- How stress and fitness affect our effectiveness
- Practical strategies for being more constructive
- Emotional intelligence
- The hallmarks of effective leaders
- The impact of your leadership style on your organisation
- Making plans for personal change

The program commences at 9.30am on Monday 25 July and concludes by 4.00pm on Tuesday 26 July.

“As always you have done a fantastic job. You have challenged us and provided us with some great tools to deal with various challenges we all face at work” – John, Senior Manager, Local Government

The benefits

You will take away from this inspirational workshop:

- A new understanding of how your thinking and actions are seen by others and how they impact on your capacity as a leader in your organisation.
- The capacity to make changes in your thinking and actions to be more effective in your work.
- Practical tools to apply in your workplace to deliver better results
- Greater self awareness.
- Improved ability to work as part of a team;
- Stronger interpersonal skills; and
- A fresh perspective on your potential strengths and areas of difficulty.

“Those of us who have been fortunate enough to attend this program will be both more effective and constructive leaders.” Nurse Manager

The experience

This workshop has been especially crafted as a great experience that is different from the standard residential leadership skills development programs in four main ways:

- The venue is the heart of one of Australia's longest running leadership development organisations for young people and is substantially different from a 5-star hotel. For example, how many 5-star hotels in Melbourne have a secluded, relaxing, open beach only metres away? And no traffic noise, no trains, no trams rumbling by....
- The program is practical, personal and provides you with strategies and practices to boost your own performance and that of your organisation.
- The personal challenge of receiving feedback from eight trusted colleagues and the opportunity to understand it and reflect on the changes you can make in response.
- You receive a personal coaching session back in your workplace after the workshop to enable you to apply your new learning

“This program inspires you to make the changes you need to be more effective.”
Case Manager, Aged Care

The LSI feedback

Before coming to this workshop you will be asked to complete the Life Styles Inventory[®] (LSI), an internationally acclaimed self-development tool, the results of which will provide you with outstanding feedback about your thinking and behaviours.

The Life Styles Inventory (LSI) is an assessment tool which distinguishes and measures twelve key thinking patterns, or styles, that are either effective or ineffective in helping us to achieve our goals.

These styles represent various ways in which we choose to think about ourselves and influence our behaviour in all areas of our life – including in leadership roles we undertake at work and in the community.

The LSI has been successfully used by over 1,000,000 managers and 240,000 organisations around the world in the past 20 years,

Their results have indicated that significant connections exist between individual LSI scores and the development of:

- leadership effectiveness;
- increased ability to cope with pressure and change;
- achievement of set goals;
- flexible and creative thinking;
- improved relationships with others; and
- greater motivation to initiate change and make things happen.

The LSI includes a self assessment and an assessment by five people of your own choosing.

The feedback was described by one of our recent participants as ‘some of the most helpful and practical feedback I’ve ever had’ and it provides a great deal of

“One of the best programs I have ever been on. And in my position I’ve been to lots of them over the years!” General Manager, national retail business

The venue

This unique workshop is to be held at Somers on the shores of beautiful Westernport, only around an hour from Melbourne’s CBD and readily accessible from regional areas of Victoria and, of course, from the Mornington Peninsula.

The facilities provide a relaxed and comfortable conference venue that is peaceful and inspiring place with a secluded beach only moments from the main buildings.